

## Considering the Writing Task—Good Food/Bad Food

Desperate times call for desperate measures, but what measures are realistic and will really work to solve the problem of the obesity epidemic? You have learned about and discussed different causes of the obesity epidemic, including the unhealthy food available to students in schools and young peoples' unhealthy eating habits. For this project, you will write a proposal for how to encourage healthier eating at your school. Your proposal should address a problem that you have identified and be addressed to an audience that might help you solve the problem. Possible audiences are student government, your principal, parents of students, or the superintendent of your school district. You may want to propose changes to the food that is available to students or ways of educating them to be consumers of healthier food. You should provide a justification for the solution you propose based on your research and include at least four sources including examples and/or quotations from the articles you have read; information from videos or websites that your teacher has suggested; and data from the survey that you designed and administered.

Brainstorm possible ideas for encouraging healthy eating at your school, and select the one that you feel would have the biggest impact while being practical to implement.

### Taking a Stance

As you review your annotated reading, quickwrites, summaries, predictions, and answers to the critical reading questions, consider how you would propose encouraging healthier eating at your school. Brainstorm possible ideas, and select the one that you feel would have the biggest impact in your particular setting.

**What is your proposal for (for example...encouraging healthier eating at your school):**

- Who is your audience? Why should they agree with your proposal?
- How does your idea relate to what others have to say about encouraging healthy eating?
- What might others say in response to your proposal? Who might agree and who might disagree with it?
- What evidence from the readings and research, including the data from the survey, will persuade your audience to agree with your proposal?

- How much background information will your audience need to understand your proposal?
- What will those who disagree with your proposal have to say about it? What evidence might they use?
- How did your views change during your reading and research?
- What factors caused you to change? Could you use these factors to change someone else's views?